



Mentor Program Fall Newsletter

**-August 26th:
Lifeskills Class- Meditation
and Glitter Jars**



**-School Supply
Drive 2017**



**-August 30th:
Waiting Youth Outing
at Greenhill**



**-UO vs. CAL
Football Game**





Football Game



What We've Been up to:

-August 26th: Meditation Lifeskills Class

Our first lifeskills class of 2017 was one that focused on the practice of meditation. One of our very own mentor matches organized and facilitated the class, which was hosted at the Stellaria building in Eugene. We did a quick review of meditation and then were able to make glitter jars that act as timers for our practice

-August 30th: Waiting Youth Outing at Greenhill Humane Society

Every month we try to organize an outing for our youth who are still waiting to be matched with a mentor. In August we went to Greenhill Humane Society in Eugene. We received a tour of their facilities, ate lunch on their patio and were able to pet some of their furry friends.

-School Supply Drive 2017

To kick off this school year, we worked with Coos Bay Christian Fellowship to sponsor some of our mentor youth. We asked families what they were in need of this school year, communicated those wants/needs to Coos Bay Christian Fellowship and they went above and beyond. Supplies included new backpacks, pencils, paper, markers, sweaters, shoes, and more.

-September 30th: Oregon Ducks vs. Cal Bears Football Game

Due to a gracious donation from the University of Oregon, AFFEC's mentor program was able to see the Ducks beat the Bears at Autzen Stadium. This doubled as an outing mentors could take their youth on as well as a waiting youth outing!

Upcoming Events:

-October 21st: Self-Defense Lifeskills Class with UOPD

We will be having our second lifeskills class of this year for our mentor matches!

-Annual Christmas Drive

Every year we are lucky enough to have generous donors who provide 20+ of our mentor youth with wonderful Christmas gifts. We have 2 organizations already committed, but will continue to search for more!



From all of us at AFFEC's Mentor Program, we hope you and your loved ones have a great start to your holiday season!