



July 2017

# MENTORING MATTERS

EVERY KID IS ONE CARING ADULT AWAY FROM  
BEING A SUCCESS STORY!

YOUNG ADULTS WHO WERE AT-RISK FOR FALLING  
OFF TRACK BUT HAD A MENTOR ARE:

55%

MORE LIKELY TO ENROLL  
IN COLLEGE

78%

MORE LIKELY TO VOLUNTEER  
REGULARLY

130%

MORE LIKELY TO  
HOLD LEADERSHIP  
POSITIONS.

MENTORING CHANGES LIVES AND CAN HAVE  
A POSITIVE IMPACT ON ALL ASPECTS OF LIFE!



POSITIVE  
SOCIAL  
ATTITUDES



EFFECTIVE  
COMMUNICATION  
SKILLS



REDUCES  
DEPRESSIVE  
SYMPTOMS

YOUNG ADULTS WHO FACE  
AN OPPORTUNITY GAP BUT  
HAVE A MENTOR ARE:

46%

LESS LIKELY THAN  
THEIR PEERS TO  
START USING  
ILLEGAL DRUGS

81%

MORE LIKELY TO  
PARTICIPATE  
REGULARLY IN  
SPORTS OR  
EXTRACURRICULAR  
ACTIVITIES

27%

LESS LIKELY THAN  
THEIR PEERS TO  
START TO START  
DRINKING

[Source!](#)

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