



Every year you have a list of resolutions that you set out to achieve beginning January 1st, but it is never too early or too late to attain your goals. This year, think of A Family for Every Child when making your New Years Resolutions. A lot of the items on that list can be attained through becoming involved with AFPEC. Run a marathon, volunteer more with kids, give more each month back to charity, and/or mentor a child and watch as you directly impact their life. You can make a huge difference in the lives of foster children everywhere just by getting involved with AFPEC.



MENTORSHIP



EUGENE MARATHON



VOLUNTEERING



MONTHLY GIVING

WHAT CAN YOU DO TO DIRECTLY IMPACT THE LIFE OF A CHILD IN 2017?

## **START MENTORING TODAY**

### **How do mentors help?**

When kids enjoy a regular, positive activity with an adult over the course of a year, those kids are 46% less likely to begin using drugs, 27% less likely to begin using alcohol, and 52% less likely to skip school. This decreases drug-related suspensions, drug related crime, and the number of babies born drug-affected. Children guided by positive role models are more likely to improve their academic performance, make better decisions, have more self-confidence, and a sense of belonging. Foster youth with a mentor tend to have better relationships with parents/caregivers, teachers and peers. They are also more likely to attend and graduate from college.

--A study conducted by Big Brothers, Big Sisters--

**DONATE NOW**

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### **Benefits for youth:**

- Increased high school graduation rates
- Healthier relationships and lifestyle

- choices
- Lower high school dropout rates
  - Better attitude about school
  - Enhances self esteem and self confidence
  - Higher college enrollment rates and higher educational aspirations
  - Improved behavior, both at home and school
  - Stronger relationships with parents, teachers, and peers
  - Improved interpersonal skills
  - Decreased likelihood of initiating drug and alcohol use

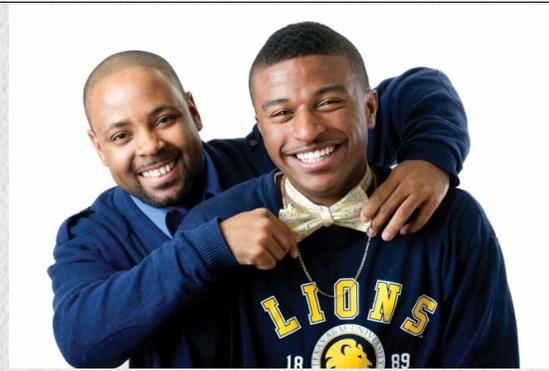


### Benefits for mentors:

- Increased self esteem
- A sense of accomplishment
- Creation of networks of volunteers
- Insight into childhood, adolescence, and young adulthood
- Increased patience and improved supervisory skills



**We are looking for both male and female mentors that would like to get involved. There is an increasing demand for male mentors, so please reach out if you have any questions about mentoring or interest in getting involved!**



## The Impact Male Mentors have on the Fatherless Generation:

**“ Statistics have shown that one-to-one mentoring is the most effective way to reach a fatherless child. Children with mentors are 46% less likely to do drugs, 33% less likely to resort to violence, 53% less likely to drop out of school, and 59% more likely to improve their grades. One-to-one mentoring has also been shown to lower the rates of teen pregnancy, suicide, and gang involvement in communities. Mentoring tells a child that he is cared for, that he matters, and that he is not alone. Mentoring shows a child how to be respectful and how to interact with peers and elders. Mentoring gives a child confidence in his talents, gifts, and natural abilities, which helps shape his pursuits, education, and eventual occupation.”**

-Dr. Blair A. Ritchey with *Mentoring*

*Moments*

**[Click here to learn more about mentoring!](#)**

**There are so many different ways to make an impact:**

**If you are unable to be a mentor and would like to still be involved, remember that there are many different ways for you to help our Mentor Program. Contact us today at 541-343-2856 or email us at [info@afamilyforeverychild.org](mailto:info@afamilyforeverychild.org) to learn more!**



**DONATE NOW**

Follow us and stay updated to the latest news and events.

[afamilyforeverychild.org](http://afamilyforeverychild.org) | (541) 343 2856 | [events@afamilyforeverchild.org](mailto:events@afamilyforeverchild.org) |

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