

From: Christy Obie-Barrett [christy@afamilyforeverychild.ccsend.com] on behalf of Christy Obie-Barrett [lifebook@afamilyforeverychild.org]
Sent: Thursday, August 15, 2013 12:04 PM
To: scott.corcoran@afamilyforeverychild.org
Subject: AFFEC Lifebooks August 2013



Lifebooks

You can help preserve a child's journey as they make lasting, meaningful and priceless memories.

Let us help you present your family or preserve your children.

Our supplies are available to you at minimal (to no cost) + shipping.

~Now National~

[Request one now!](#)

What is a Lifebook?

A Lifebook is a scrapbook created to record a child's history, their artwork, memorabilia, and other records that will contribute to their important and cherished memories. It eases the child's transition from adoptee to adopted by giving them a foundation and meaning while also giving the adoptive parents a look at where the child came from and who they are.

As a visual and true representation of a child's life, this gift has the potential to help, not only with the process of transition from adoptee to adopted, but also to record the positive aspects of a childhood that may have otherwise been lost. A sense of identity and culture can be positively maintained while a child moves forward with their new life in a loving family.

Materials are provided by the A Family For Every Child Lifebook Team for FREE. All that is asked of you is a small donation for the postage if you are located outside of the Eugene-Springfield (Oregon) area.

If you are interested in creating the gift of a Lifebook for a child you are representing, please contact:

Sandra Estep, Lifebook Co-Coordinator
E-Mail: lifebook@afamilyforeverychild.org
Phone: 541-687-9641

or

Gail Van Gundy, Lifebook Co-Coordinator
E-Mail: lifebook@afamilyforeverychild.org
Phone: 541-688-1488

You can request supplies and/or help with a Lifebook by clicking the following:



Please visit the AFFEC [website!](#)

What are some of the benefits of an Adoption Lifebook?

An adoption Lifebook provides:

- “ A concrete tool for meaningful conversation
- “ An adoption security blanket
- “ Attachment rituals
- “ Structure for difficult material (such as reasons for the relinquishment)
- “ Ways to normalize adoption language
- “ Ways to reduce fantasy about birthparents (could this help with paying attention in school?)
- “ A front-load for adolescence
- “ Opportunities to create positive identity and ethnic identity
- “ Space for future events

Other Resources:

Beth O'Malley at [Adoption Lifebooks](#) helps those interested in creating a Lifebook get started.

[Karen's Adoption Links](#) helps you find resources to contribute to a Lifebook and adoption.

[dMarie](#) is a website that you can go to find out what happened on the day you were born - anything from what was on the news to what the most popular toy was.

Special Request!



One of our community sponsors (LEVI) is requesting images that anyone is willing to share of their child enjoying their Lifebook. This group created hundreds of Lifebook pages for A Family For Every Child and DHS.

To support their monthly Lifebook events at LEVI and to help raise awareness with new employees, they would like to create a slide show of images (that will play within their building) that can capture how important these books are to our kids. This will help them engage new employees as well as share with their dedicated team how important this effort is.

If you are able to share images of a child enjoying their Lifebook, please email them to christy@afamilyforeverychild.org

Supply Donation Request

Supplies for the Lifebooks are always needed and appreciated. Items that we need include:

- binders and/or albums
- protective sleeves for three-ring binders
- adhesives
- stickers
- anything crafty!

You may drop them off at A Family For Every Child office or call us to arrange for a pick up.

Supplies can be sent out from out of the area, but we would need a small donation for the postage.

Contact Us for More Information

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541-687-9641

Lifebook@afamilyforeverychild.org

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